



Academic News

Left: Medi Muhamed Mukalu at the graduation ceremony.

Right: Dr Miriam Mutabazi, Executive Director of Save the Mothers reads names of graduates at the UCU 23rd graduation ceremony. Dr Miriam is also the Dean, Faculty of Public Health, Nursing and Midwifery at UCU.

Below: Dr Edward Mukooza celebrates his PhD.

Graduation

Medi Muhamed Mukalu, was among the 2106 graduates at the Uganda Christian University (UCU) 23rd graduation ceremony, held on 29 July 2022. Medi graduated with a Masters in Public Health Leadership (MPHL). ***Congratulations Medi. Keep the MPHL flag flying high through your safe motherhood works.***

Sept 2022 intake

First module for the MPHL September 2022 intake is set. Students will report to the Uganda Christian University for orientation and face to face lectures for one week. Thereafter the lectures will be online.

A warm welcome to the new team of safe motherhood advocates joining the MPHL program.

Faculty: Dr Edward Mukooza, Head of Department, Public Health at Uganda Christian University and faculty member on the MPHL program earned a PhD in Public Health from the University of Central Nicaragua. ***Congratulations Dr Mukooza.***



STM donates food to the hungry in Moroto

Save the Mothers team lead by Dr Miriam Mutabazi, the Executive Director, travelled to Rupa Health Centre II, Moroto district Karamoja sub-region to distribute hunger-relief food to breast feeding mothers and their children in August.

This was in response to the current food insecurity in the region. According to a recent analysis from Integrated Food Security Phase Classification (IPC), more than half of the population in Moroto district goes without any food for an entire day and night for at least three days a month.

In Moroto STM was received by Dr. James Lemukol, the District Health Officer, who is also an MPHL alumnus; and Mr. Charles, the in-charge, Rupa Health Centre II.

STM distributed 1040 kg of posho and 270kg of beans to 47 mothers and their children. This was worth 5 million UGX (1,362 dollars.)

Rupa Health Centre II is a government health centre that has maternal and child health services. It also has a malnutrition relief program for mothers with severely malnourished children, who receive Ready to Use Therapeutic Foods (RUTF).



STM team at Moroto district headquarters (L). STM team take a photo moment with the hosts. (R)



Dr Lemukol, MPHL alumnus



Dr Miriam reaching out



STM targeted mothers and their children.

Once a week the facility serves women with malnourished children with RUTF. This food program targets 47 mothers.

However, due to the magnitude of the current food insecurity crisis, these mothers often share RUTF with the entire household and neighbours.

Some of these mothers die of hunger, leaving their young children or old mothers to assume the role of household head.

Sarah Namee - STM Programs Officer

Save the Mothers is grateful to Reila C Reader for supporting the initiative to feed the hungry in Moroto.

In Loving Memory

Farewell Tali Carol - MPHL Class 2015

In July Save the Mothers lost one of its alumnus Caroline Tali who was laid to rest on 12 July 2022 in Dokolo district, northern Uganda. Carol worked in Oyam district as the senior probation officer. Continue resting with God's angels Caroline.

Rest in peace Dr Robert Alder

Save the Mothers appreciates Dr Rob's contribution to the lives of mothers and babies in Africa. Dr Rob, who passed on in July 2022 was a long time faculty member and supporter of Save the Mothers.



Save the Mothers East Africa, Uganda Christian University, Mukono: www.stmeastafrica.org. Editor/designer:

T. Agutu, Photographers: Kenneth, Enoch Contributors: Sarah Namee

Reviewer: Dr Miriam Mutabazi

High Dependence Units save lives

Every year about 295,000 women die due to preventable pregnancy and childbirth related complications. Most of these deaths occur in sub-saharan Africa.

Save the Mothers East Africa is contributing to the reduction of preventable pregnancy and childbirth related deaths by specifically improving the quality of care for mothers who reach the hospital with life threatening complications.

STM EA through the Jeff Family Foundation is supporting five hospitals by procuring medical equipment and emergency medicine required for the HDUs that are set up in the maternity units.

The HDUs are in hospitals that are identified by the Ministry of Health as high burden in Maternal New-born Health related illnesses and deaths.

Save the Mothers has set up HDUs in maternity units of five MBFHI sites of Mityana General Hospital, Mbale Regional Referral Hospital, Nakaseke Hospital, Tororo Hospital and Jinja Hospital.

HDU success story - Mityana Hospital
Sr Mary Nakabugo, the In-charge maternity unit explains the benefits



STM at Amia Community hospital received by the hospital leadership team & Lango Diocese.



STM team, Sarah Namee (L) & Dr Miriam (R) at Mother Health International received by the founder, Dr Racheal (C).



A High Dependence Unit in one of the MBFHI sites well equipped to reduce the third delay and save lives.



of the HDUs:

“Our HDU is well equipped with monitors that we received from Save the Mothers. The monitors measure the blood pressure, pulse rate and temperature at the same time. Our monitors are stationed besides each bed.

HDU saves many mothers because it is well equipped. A mother came in from a health center IV as a referral. She had severe eclampsia.

We admitted the mother in the HDU

where she was treated and monitored regularly. She spent three days in the HDU. By the third day, the pressure had been contained. We then induced and delivered her normally. We discharged her the following day. We are so grateful to you Save the Mothers.”

In the absence of an HDU, chances of saving mothers with such complications are usually very slim.

Teopista Agutu -
Comms & Networking Director, STM

Exploratory visits to MCH partners

In July Save the Mothers visited Amolatar and Amuru districts in northern Uganda to explore possible partnership with Maternal and Child Health (MCH) stakeholders. Dr Miriam Mutabazi, Executive Director, STM led team.

In Amolatar STM visited Amia Community Hospital and held dialogue with the hospital administrators. The administrators presented water supply and staff accommodation as some of hospital's challenge.

Save the Mothers also visited Mother Health International, Amuru district. The facility has a strong link to the communities while working with Traditional Birth Attendants (TBAs) who ensure that expectant mothers attend Ante Natal Care as required and also deliver at the facility.

The TBAs are given a token of appreciation by this facility based on the number of women they bring to get services. This has led to increased health facility deliveries in the community.