

Promote Breast-feeding



Christine interacts with the couple (inset)

Peter & his wife practice the breast-feeding tips gained from the engagement with STM. Peter encourages his wife to breast-feed their newborn baby.

August is the world breast-feeding month. At Save the Mothers (STM) we join the world to raise awareness on breast-feeding. In one of our outreach programs in Soroti, eastern Uganda, STM worked with its Master of Public Health Leadership (MPHL) graduate, Christine Emameete, a volunteer at Soroti Health Centre III to create awareness on breast-feeding.

Do Something to promote breast-feeding. Engage your community to support breast-feeding mothers. Raise awareness about the benefits of breast-feeding. Encourage male involvement.

STM Celebrates Rev Dr Richard Mulindwa

Congratulations on achieving your PhD in Biblical and Religious studies from University of Pretoria, South Africa. Rev Dr Richard Mulindwa, a graduate of the MPHL, Class 2012, heads Church Relations at Uganda Christian University (UCU).



Drive to renovate Mirembe hall

Renovation works ongoing at Mirembe Hall, home to Save the Mothers at Uganda Christian University. Thank you for making it possible. If you are not yet on board, we still need your support. Join the drive.



Raise awareness on Postpartum Haemorrhage



Dr Mushin Nsubuga, Executive Director, Save the Mothers East Africa (STMEA), presents to accountants the importance of blood donation & the need to address factors in communities that increase the risk of PPH.

Postpartum Haemorrhage (PPH) is excessive bleeding after childbirth. Globally about 800 women die daily due to childbirth complications. Most of these deaths occur in Sub-Saharan Africa. Raising awareness on PPH equips communities with information that empowers them with lifesaving practices such as seeking health care services early.

Ministry of Health (MoH) Uganda, set aside the month of August to raise awareness on PPH which is the leading cause of maternal deaths. **To page 3**

Academic updates



MPHL students & faculty at the writing week

Research writing week: On 22-26 July Save the Mothers' Academic Unit conducted a research writing week at Uganda Christian University for MPHL students. During the writing week, 20 MPHL students attended and got support to complete their research.

Vivas: 27 Aug 2024 - Five MPHL students defended their theses

Graduation: October 2024



Dr Edward Mukooza, department head Public Health at UCU presents to MPHL students at the writing week.



MPHL students at the writing week.



For MPHL academic support contact: Josephine -0777730228

STM follow-up MPHL alumni

Throw-back moments - April 2024 to celebrate partnerships

At PATH

Save the Mothers conducted a field visit to PATH to follow up its alumnus, Deo Agaba. The team of STMEA, STM Canada and STM USA was received and welcomed by the Path Country Director, Dr Betty Mirembe. During the visit Path shared its work in the field of maternal and child health. STM and PATH discussed possible areas of partnerships to promote maternal health.



Deo Agaba presents.



L-R: Dr Betty Mirembe, Path's Country Director welcomes Save the Mothers; Dr Mushin, Deo, Dr Jean Chamberlain (founding director) STM & Dr Shaun Gillis (board chair STM-USA).



Dr Mushin thanks Path.



Group photo

STM looks forward to exploring the possibilities of working with PATH on the medical oxygen and safe drinking water interventions in the Mother Baby Friendly Hospital Initiatives.

At CDFU



Allen (Left in green) speaks to STM about her work at CDFU



At Communication for Development Foundation Uganda (CDFU), STM was received by the Executive Director, Allen Nankunda.

Allen presented the work of CDFU, which involves offering social and behaviour change services on health, gender, youth, economic empowerment among others.

CDFU offers counselling services on different aspects of health and development through a toll-free-helpline: 0800 200 600 Share the number with your communities.



Raise awareness on Postpartum Haemorrhage

From page 1

Blood donation drive

To raise awareness on Postpartum Haemorrhage, Save the Mothers East Africa (STMEA) partnered with Certified Public Accountants (CPA), eastern Uganda chapter in a blood donation drive on 29 July to 3 Aug 2024. About 1000 units of blood were donated.



CPA-STM blood donation drive: About 1000 units of blood were donated.

The drive was wrapped up with a meeting where Dr Nsubuga Mushin, Executive Director ST-MEA, presented on the importance of blood donation. He also stressed the need to address the factors that lead to delay in seeking medical health care that result into complications such as PPH. Addressing such factors is a role of multidisciplinary professionals, Dr Nsubuga noted as he invited accountants to make safe motherhood part of their agenda.

Tribute to John Alan Jeffs

As Save the Mothers joins MoH to raise awareness on Postpartum haemorrhage (PPH), we pay tribute to one of our donors, John Alan Jeffs who passed on recently.

Alan and his family generously invested in life saving interventions in maternity units in Uganda hospitals. Alan worked with his family to support the set-up of maternity High Dependency Units (HDU) in health facility where many mothers

One of the HDUs set up with support from Jeffs family.



with pregnancy and child birth life threatening complications such as PPH are managed and their lives saved.

He also equipped six health facilities with non-pneumatic antishock garments. These garments are used in the stabilisation of mothers with heavy bleeding in shock following child birth during referral to high level health care facilities.



A demonstration on how to use antishock garment.

Game changers, raise awareness on PPH: Mobilize and engage your communities. Share information on the dangers of PPH and how to reduce its risk.

Farewell Pauline Kasoyaga - MPHL 2014



Save the Mothers learnt with deep sorrow the death of their beloved alumna, Pauline MPHL class 2014. Pauline died on 7 Aug. 2024.

Save the Mothers remembers Pauline for her great passion and work for safe motherhood advocacy in her work spaces & communities in Tanzania. Pauline loved Save the Mothers. Pauline, your contribution saved many mothers and babies. Rest in Peace

STM family, thank you for standing with Pauline's family in prayers and all other different forms.

Save the Mothers East Africa (STMEA)
Uganda Christian University,
www.stmeastafrica.org.

Editor/graphic designer: T. Agutu, **Photographers:** A Gum, R Masiga, T Agutu, **Contributors:** - **Reviewer:** Dr M Nsubuga

