

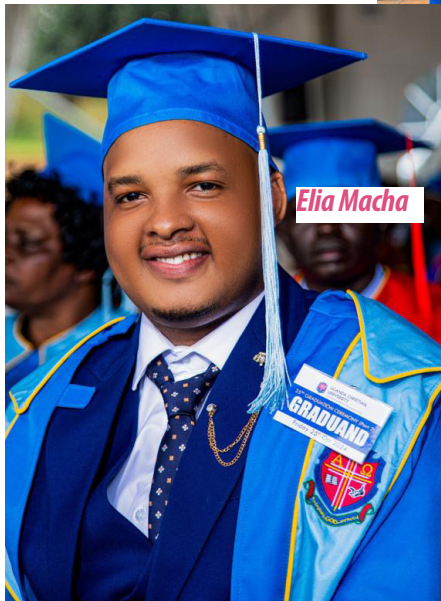
Congratulations champs



Faith Nanyale



Joyce Ahumuza



Elia Macha

By Brenda Achieng - MPHL student & Programs volunteer at STMEA
On 25 October 2024, MPHL champions graduated at the Uganda Christian University (UCU) 25th graduation ceremony. We celebrate you.

Save the Mothers East Africa (STMEA) hosted the champions to a luncheon at Save the Mothers house at UCU, after the graduation ceremony at UCU grounds. Addressing the graduates, Dr. Mushin Nsubuga, Executive Director STMEA highlighted the poor maternal health indicators and encouraged graduates to champion change: "Be the light your community needs."



Zaituni Nabaterregga

Mrs. Josephine Namyalo, Academic coordinator, MPHL program urged, graduates: "Go shine your light"

MPHL Graduates speak out

- Zaituni:** The course increased Zaituni's awareness of maternal health. "I feel blessed by the experience."
- Elia:** Initially skeptical, Elia now feels empowered to make a difference in his community in Tanzania.
- Faith:** She aims to advance her advocacy for teenage mothers, seeing the course as a bridge to greater impact.
- Joyce:** The course opened Joyce's eyes to issues affecting mothers, and she's committed to applying what she's learned.



Meal time



Cake cutting



MPHL students are joined by STMEA staff for a photo.

Welcome MPHL students - Sept 2024 intake

Save the Mothers was pleased to receive new Master of Public Health Leadership (MPHL) students at Uganda Christian University (UCU) Main Campus, Mukono.

The 20 students reported to the University on 16 Sept 2024 for a two weeks orientation which included the onstart of physical lecturers and on boarding students to the University online learning platform. After the two weeks orientation, students returned to their respective countries to continue the module through online lectures. The first module that started in Sept will end in Dec 2024 with exams online.

The students who are from East Africa and southern Africa include social workers, communication professionals, health workers, entrepreneurs among others.

Onsite lectures at Mirembe Hall - UCU



We count our blessings

On Friday, Sept 27, 2024, Save the Mothers East Africa (STMEA) held a thanksgiving service at Uganda Christian University (UCU), led by Rev. Henry Majwala from UCU's Chaplaincy.

STMEA staff, UCU community, MPHL students, alumni, board members, and founders gathered to celebrate achievements that including the Mirembe Hall renovation. Rev. Majwala shared a childhood story on gratitude, inspiring reflection on God's generosity.

Dr. Mushin Nsubuga, STMEA Executive Director, noted Uganda's maternal death rate decline from 30 to 12 per day, crediting Save the Mothers' contribution while acknowledging the need for more work.

The event included a tour of Mirembe Hall and dinner at Save the Mothers House. Andrew Koolya 2012 MPHL graduate and Mirembe Hall Renovation Committee chair, praised supporters' contributions.

Dr. Olive Sentumbwe, STMEA Board representative and co-founder, emphasized the MPHL program's transformative potential and urged students to see themselves as part of a global change movement. She thanked the renovation committee for rallying STM network to raise funds for the renovations works at Mirembe Hall.

The committee members are MPHL alumni: Rebecca Birungi, Gladness Munuo, Harriet Nakanyike, Thembo Selevano, Dr Obed Kabanda and Mohamed Mukalu. *Compiled by Samuel Othieno - Mass Comm Student - UCU*



Thanksgiving prayers at Mirembe Hall Lounge: Where two or more are gathered...



Andrew

Renovation committee represented by Andrew & Rebecca received certificates of appreciation. L-R: Andrew, Rev Majwala, Dr Olive & Dr Nsubuga



Rebecca

STM family thank you for supporting Mirembe Hall Renovation



Mirembe Hall tour: Dr Mushin Nsubuga ED STMEA & Prof. Florence Mirembe. Mirembe Hall derives its name from Prof Mirembe who is one of the founders of Save the Mothers.

Group photo moment: MPHL students, joined by Rev Majwala, Dr Nsubuga, Dr Olive & Rebecca



Neonatal Care Matters

Save the Mothers donates to St. Francis Hospital Naggalama



Dr. Hellen



Save the Mothers East Africa (STMEA) conducted a neonatal resuscitation skills update on August 28, 2024, at St. Francis Hospital Naggalama.

Led by Dr. Hellen Nasambu, a senior paediatrician, the training focused on timely recognition and response to neonatal distress, emphasizing the importance of proper preparations, equipment and techniques.

STMEA led by Dr. Nsubuga Mushin, Executive Director, also donated resuscitation equipment, including penguin suckers and ambubags, to enhance the hospital's 16-bed Neonatal Care Unit (NICU), which serves over 400 babies annually.

This training is part of STMEA's Mother Baby Friendly Hospital Initiative (MBFHI), supporting NICU setup in partnership with the Ministry of Health. STMEA implements MBFHI in 17 health facilities in Uganda.



Above: Hospital health workers who attended the skills update session included maternity unit staff.

Dr. Hellen engages one of the health workers in a one-on-one resuscitation skills..



Dr. Nsubuga Mushin (2nd left), Executive Director STMEA joined by Dr. Hellen hand over equipment donated by Save the Mothers to the hospital staff led by Sr Resty (left) the in-charge of the maternity unit.

Fact: According to the World Health Organization 10 % of neonates need help breathing properly at birth to reduce morbidities and deaths of newborns. About one million babies die per year due to asphyxia. And most of these deaths happen in developing countries.

STM invites you to support the Mother Baby Friendly Hospital Initiative

Save the Mothers East Africa (STMEA) Uganda Christian University, www.stmeastafrica.org. **Editor/graphic designer:** T. Agutu, **Photographers:** A Gum, R Masiga, A Bugembe, T Agutu, **Contributors:** B Achieng, S Othieno- **Reviewer:** Dr M Nsubuga

